

TEN STEPS TO BECOMING A COLLEGIATE STUDENT-ATHLETE

- 1) Get your grades up!! Make smart decisions to avoid drugs and other poor behavior.
- 2) Honestly answer this question: (On a scale of 1-10) How badly do I want to become a college student-athlete?
- 3) Register with the NCAA Eligibility Center at www.ncaa.org.
- 4) Have yourself evaluated athletically by someone with the highest qualifications possible in your sport (unbiased).
- 5) Make a profile/resume with pertinent information to send to college coaches. Have film made if possible.
- 6) Access college coach contact information – suggest the National Directory of College Athletics.
- 7) Send information (grades, test scores, profiles, film) to college coaches in your sport.
- 8) Contact college coaches to set up visits by notifying them which day you will be on campus and ask for 10 minutes to meet with him/her.
- 9) Choose three-to-six colleges and attend their camps.
- 10) Narrow your choice down to three schools and take several weeks to think about the best situation to help shape your life for the next 40 or 50 years.