



The Ohio High School Athletic Association

OHSAA Foundation Student Leadership Conference



Harvey Alston h.alston@att.net (614) 891-6645 Dare 2BE Great November 1, 2018 update OHSAA-SLC

CONTENTS:

My Reason Why

Dare 2BE Great

Craig Hillier

Harriet Turk

Student Ambassadors

Brandon Farbstein

James "JJ" Sullinger

Stephen Bargatz

Photos & Videos

NSLS 2019

Below:

Jerry Snodgrass, Executive Director of the OHSAA



JERRY SNODGRASS, EXECUTIVE DIRECTOR "RESPECT THE GAME"

My Reason Why! Almost all Americans own their own smartphones and on average spend more time texting, chatting, gaming, blogging, streaming and visiting with friends online than they do in school. 42 million teenagers are overweight or obese, compared to only five percent in 1980. Not surprisingly, many psychologists and researchers agree that today's teenagers are more lonely, anxious and depressed than ever before.

"DARE 2BE GREAT"

As this school year gets underway and social pressures increase, statistics like these verify how important it is for teenagers to participate in high school sports and other activities such as marching band, choir, speech and debate. The most recent survey by the National Federation of State High School

Associations (NFHS) indicates there are almost eight million participants in high school sports and more than four million in performing arts activities. Most of these students would agree the primary advantage of playing a sport or participating in an after-school activity is the opportunity to meet new people and develop

meaningful friendships. An online chat is no substitute for working toward a common goal face-to-face, side-by-side for weeks on end with teammates. Positive social relationships are only the beginning. Among other benefits, high school sports are instrumental in helping establish nutritional and exercise habits that will carry them for a lifetime.

Additional benefits of participating in a high school sport or activity are shared by the NFHS on a new website at MyReasonWhy.com, where dozens of high school students address this topic in their own words through videos. This school year brings with it an opportunity for teenagers to make new friends and establish new lifestyle habits. Encouraging them to make friends on the field of play as well as online is great way to start.

HIGHLIGHTS FROM THE ANNUAL OHSAA - SLC

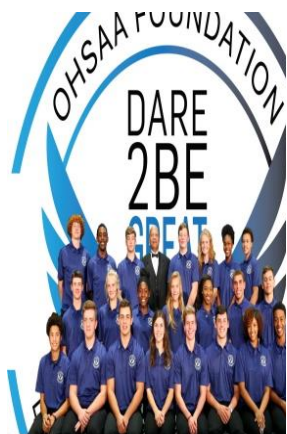
I'll rise up like the day,
I'll rise unafraid



Above:
Craig Hillier
Opening Keynote

Right:
Harriet Turk
Speaker

Below: NSLS
AMBASSADORS



OPENING KEYNOTE CRAIG HILLIER

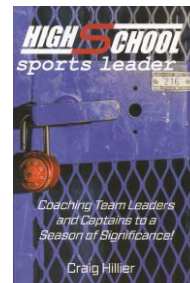
His high-energy programs and contagious enthusiasm captivate audiences throughout the United States. Participants find themselves engaged in a story and then suddenly they are on their feet with an activity that drives the point even further. His programs are

known to be up-beat, fun and educational.

Some of his recent accomplishments include receiving the Distinguished Alumni from the Minnesota Athletic Director's Association. In addition, Craig's third book, High School Sports Leader—

coaching team leaders and captains to a season of significance was published.

craig@craighillier.com



SPEAKER HARRIET TURK

Because of her contagious energy, Harriet is known by her peers as the "Get Fired Up" speaker. Her enthusiastic delivery is a perfect fit for both opening sessions and closing send offs.

As a parent and a professional, Harriet knows that life can be

challenging and joyful. She relates to the hopeless journey to be superwoman or superman or super teen that so many of us travel. Her message of resilience while dealing with real life inspires others to embark on an exciting adventure of self-discovery.

HARRIET TURK
harriet@harrietturk.com



OHSAA AMBASSADORS - MAKE BIG IMPACTS

It's always tempting to think "out with the old; in with the new," but it is not that easy with the Student Leadership Conferences. We are in the student leadership business realistically; change has to be a constant factor in our work. Things work best

when we incrementally shape and update our materials to improve best practices. Instead of charging off in a new and different direction I would rather make best practices moves and systematic enhancements that have been the secret

of keeping the OHSAA-SLC at the top of the preferred list. Here are the
OHSAA – 2018
STUDENT AMBASSADORS

GREAT SPEAKERS ON THE PROGRAM

Brandon Farbstein

When he was 2, Brandon was diagnosed with a genetic skeletal disorder called metatropic dysplasia. The disease is characterized by dwarfism, scoliosis and degenerative arthritis

James "JJ" Sullinger

If there's one thing you should know about JJ, it's that he enjoys a challenge. From his time as Co-Captain of the 2006 Big-Ten Championship team to his current role

connecting Fortune 500 companies to advanced technology solutions, JJ is no stranger to hard work, dedication and perseverance to realize success.

Stephen Bargaetze

Bargaetze is an internationally acclaimed comedian and motivational speaker. With over 25 years' experience, Stephen is a rare talent among entertainers.

His genuine personality endears him to any audience, and he quickly develops a strong, positive relationship

with the crowd. No longer merely spectators, audiences find themselves caught up in the comedy and amazement of Stephen's zany performance. He sticks with direct, simple effects that are easy for the audience to understand. His personal story of overcoming an alcoholic home life as well as a childhood accident that left him with a speech impediment touches men and women on an emotional level.



Above:

BRANDON FARBSTAIN
speakbeyonddwords@gmail.com

Middle:

"JJ" SULLINGER



Below:

STEPHEN BARGATZE
Closing Speaker
cbrunetz@tssaa.org



OHSAA-SLC <https://youtu.be/IYAnv6n7m2U>

The galleries for the leadership conference are now uploaded and ready here (last gallery at the bottom):

<https://impactactionsportsphotography.zenfolio.com/f869993621>

OHSAA Leadership Conference 2018

IMPACT
ACTION SPORTS
PHOTOGRAPHY

OHSAA-SLC – 2014 "Who let the Dogs Out"

https://youtu.be/MJX_C3USBT_A

OHSAA-SLC – 2014 "Be Happy"

<https://youtu.be/jMIE1k-tems>

OHSAA-SLC PSA - 2015

<https://youtu.be/QAgKLhOMM2Q>

OHSAA-SLC – 2016

<https://youtu.be/2FPDgFeqxKE>

OHSAA-SLC – Alexis Young

<https://youtu.be/yHiKHJaadVY>

OHSAA-SLC – Harvey Alston

2017

<https://youtu.be/oBV1sTJfFqY>

OHSAA-SLC – 2017

<https://youtu.be/I3Lxife2BSc>

NFHS – NSLS

<https://youtu.be/OGdstlOsio>

Mike Richards, President OHSAA - Foundation



NSLS AMBASSADORS





KEEP THE OHSAA-SLC EVOLVING

Each year we are systematically learning and evolving the leadership conference. The NFHS provides a model with the NSLS. They study, research, read and seek new sources for expanding their expertise and

impact. Strategic and decisive, they continually evaluate where they are now in relation to the recent past. They are always incorporating new thoughts and timely concepts to remain credible and fresh. Our Ohio Ambassadors who attend the NSLS bring back insight on what is important



The student Ambassadors run the program. They do all of the introductions and ice breakers.

OFFICIAL SPONSORS



JET'S PIZZA



As we Rise Up each year in the OHSA-SLC, and I hope we continue that journey. We started as a small conference, but we have systematically elevated the Ohio Association SLC – with 30 student Ambassadors, and sixteen hundred students who participate in the largest athletic association conference in the country. This didn't happen overnight. But imagine how we feel to hold this distinction and recognition for the OHSA.



OHSA 2018 STUDENT AMBASSADORS



OHSAA – Ohio High School Athletic Association and the NFHS National Student Leadership Summit (NSLS)
Final Instructions for the OHSAA - Student Ambassadors



November: Review OHSAA – 2018 – SLC / NSLS Preliminary participation interest

January 2019: Applications sent to selected student electronically (Online)

April 2019: Deadline for all students online applications

May/June 2019: Pre-Summit information packets with final instructions

July 22-24, 2019: The NFHS –NSLS will convene

Summit Mission and Purpose:

Thank you for wanting to participate in this phenomenal opportunity. The purpose of this note is to share some items that might contribute to a more positive experience while the Ohio Student Ambassadors are in Indianapolis this summer. The Ohio High School Athletic Association (OHSAA) and the National Federation of State High School Associations, Inc. (NFHS) are dedicated to education- based athletics and activities. Because we feel that the lessons a student learns in their involvement in high school activities and athletics will develop positive skills, create a much better adult and contributing citizen. In fact, all the research examined supports our motto, **Take Part. Get Set For Life.** The fact that you have been selected to attend the 2019 summer event is a testament to your leadership ability. This is a very select group of young people who we allow to attend this event and you are privileged to attend and participate.

The NFHS National Student Leadership Summit provides a forum for student leaders from around the country discussing contemporary issues facing athletics and activity programs. The goal of our summit is to develop leadership skills that enhance communication, relationship building/sustaining, brain mapping (goal setting with an actual roadmap for achievement), perspective, inclusion, a Special Olympian integration event and uphold the positive values that years of research have substantiated as a benefit of participation. The curriculum is specifically developed for your age group and is taught by adult content experts; we use small and large group interactive discussions to address these issues and assist in the student ambassadors creating their own solutions in meeting these challenges.

Date

Monday, July 22-Wednesday, July 24, 2019

Location

Indianapolis Hyatt Regency (Downtown), One South Capitol Avenue, Indianapolis, IN

Travel Arrangements

You will have to provide your type of transportation to the Hyatt in Indianapolis, IN. The OHSAA is **not** responsible for ground transportation to Indianapolis but the NFHS will be responsible for transportation to all activities once you have arrived. There might be a possibility that you can share-ride to this event with other selected student ambassadors.

State Meetings

Ohio will hold 3 state meetings during the conference. This will give you and me an opportunity to meet and visit with the Ohio group. During these meeting we will make plans for the OHSAA-2019-SLC and discuss the implementation of our goals.

Lodging Arrangements

We will develop a rooming list that accounts for two same gender ambassadors from different states to share a room while they are at the summit. The hotel is accommodating all ambassadors from a particular state to be on the same floor with their adult chaperone/ambassador. The students are not allowed to change roommates and should stay in the rooms assigned to you. We need to know where each student is in the event of an emergency.

Meal Arrangements

We will provide meals for the ambassadors beginning Monday afternoon/evening through breakfast on Wednesday. If there are any special dietary needs or allergies, please let me know and the director of the NSLS, Mr. B. Elliot Hopkins prior to arriving at the summit and advise the wait staff at the Hyatt at every meal function.

Attire

OHSAA-SLC

We will provide **three shirts**, an Ohio SLC t-shirt, golf shirt, light short sleeve jacket, ball cap and a backpack as some of the summit gifts once the ambassadors arrive on Monday. They will have an assigned shirt each day of the summit. Since July in Indiana is typically hot and humid (80-90 degrees) we recommend that the ambassadors dress in clothes (khakis, jeans, shorts, culottes, sneakers, flip-flops, sandals or boat shoes) comfortable for this type of climate.

We have two events that would require different attire. We will participate in a joint Special Olympics-Indiana engagement event on Tuesday, July 23rd from 2:00-5:00 p.m. then share pizza and water/Gatorade at a local area high school. Sneakers should be the footwear of choice for this event and we will provide a special event t-shirt for that day.

The other event is a dance that will be held later that Tuesday evening for the ambassadors. We are providing a local disc jockey and the ambassadors get to dance and mingle. You do not have to dance but it is mandatory for you to attend. There will be food and an ice cream sundae bar located next door to the dance and you can go back and forth. We will not allow caps, headbands, bandannas or any headwear (unless it is for religious reasons) to be worn inside any of the buildings during the summit. We ask that pants hanging off the hips quickly find their way around the ambassador's waist. Any attire that is offensive, controversial or questionable in nature should not be brought with you to the summit. Each student ambassador will have to sign a code of conduct agreement and we expect you to live up to your commitment. We will hold the student ambassadors accountable as a young leader.

Logistics

We will be streaming live and delayed video of the summit's activities. We will also have a broad social media exposure that will capture the summit from the student's perspective and the daily video will be uploaded nightly to the NFHS Network's website (www.NFHSnetwork.com). Due to the robust agenda and activities, we will close the NFHS Leadership Lounge, the Hyatt Regency Downtown Indianapolis' pool and workout facility at midnight and ask that all student ambassadors return to their rooms for "lights-out."

Supervision

The NFHS will have a rotating staff of 10 adults working throughout the 2 1/2 days of the summit. We will have over 50 adults who are present as chaperones for their respective delegations. In addition, when we have events on property we will have Indianapolis Metropolitan Police Department non-uniformed and uniformed officers on duty for another level of comfort and security for our ambassadors. **We ask your assistance that you do not leave the hotel by yourselves. You should wear your name tags at all times and should always stay with the group.** All of our attempts to make this experience safe and productive evaporate when you wander off into the downtown area without adult supervision.

Emergency Information

If there is an emergency situation and your parents have to get information to you please contact Harvey Alston, OHSAA Coordinator (614-736-2378) cell phone; the Hyatt Regency Downtown Indianapolis Hilton, (317-632-1234) and ask to speak to the NFHS National Student Leadership Summit Director, B. Elliot Hopkins. In case of any emergency incident, we are located within 10 minutes of three hospitals, with one being dedicated to children. We will also have a certified athletic trainer on site and will be in residence at the hotel the entire length of the summit. We will also be providing an Emergency Action Plan on the National Student Leadership Summit App.

On behalf of the OHSAA and the Foundation I would like to thank you in advance for your support of the student leadership initiative. If you have any questions or concerns, please contact me at h.alston@att.net or 614-891-6645. If I can be of any service to you please do not hesitate to call, "Ut Prosim" (That I May Serve).

PRELIMINARY NSLS SCHEDULE

Sunday, July 21, 2019

1:00 p.m. – 5:00 p.m.Early Registration for pre-approved states (Student and Adult Ambassador rooms only) 3rd Floor, Hyatt Regency in hallway

Monday, July 22, 2019

1:00 p.m. – 5:00 p.m.Registration and Room assignment (Student and Adult Ambassadors) (Food and refreshments will be provided.)
4:45 p.m. – 5:00 p.m.Opening Ceremony, Summit Objectives, Expectations and Directions
5:00 p.m. – 6:00 p.m.Opening General Session Speaker
6:05 p.m. – 7:05 p.m.Dinner
7:15 p.m. – 8:30 p.m.Student Ambassador Session 1
7:15 p.m. – 8:30 p.m.Adult Ambassador Session 1 (Summit Q & A, Objectives and Expectations)
8:35 p.m. – 9:05 p.m.State Meeting #1 (Leadership Lounge is open until 11:30 p.m.)



Tuesday, July 23, 2019

7:00 a.m. – 8:00 a.m.Breakfast
8:15 a.m. – 9:30 a.m.Student Ambassador Session 2
8:15 a.m. – 9:30 a.m.Adult Ambassador Session 2 [Select a break-out session to observe]
9:40 a.m. – 10:55 a.m.Student Ambassador Session 3
9:40 a.m. – 10:55 a.m.Adult Ambassador Session 3 [Select a break-out session to observe]
11:05 a.m. – 12:20 p.m.Student Ambassador Session 4
11:05 a.m. – 12:20 p.m.Adult Ambassador Session 4 (Recap and Special Guest Speaker)
12:30 p.m. – 1:30 p.m.Lunch & Announcements
1:40 p.m. – 2:10 p.m.State Meeting #2
2:35 p.m. – 2:55 p.m.Load buses
2:55 p.m. – 3:30 p.m.Travel for Special Olympics Unified Sports Engagement w/ Indiana Special Olympians
5:00 p.m. – 6:15 p.m.Pizza Dinner at location
6:15 p.m. – 6:30 p.m.Load Buses
6:30 p.m. – 7:00 p.m.Return to Hotel, free time to prepare for dance
8:15 p.m. – 11:30 p.m.Dance (Food, refreshments and sundae bar) (Leadership Lounge is open until 12:30 a.m.)

Wednesday, July 24, 2019

6:30 a.m. – 8:00 a.m.Breakfast
8:10 a.m. – 9:00 a.m.State Meeting #3
9:15 a.m. – 9:45 a.m.Closing General Session (Leadership Lounge open 6:30 a.m. – 12:00 p.m.)